

Monday, September 20 (6:30 am - 8:30 am)

St. John the Baptist School - Marian Memorial Room
1844 Lincoln Ave., Whiting

Wednesday, September 22 (6:30 am - 8:30 am)

Bishop Noll Institute - Library
1519 Hoffman St., Hammond

Thursday, September 23 (6:30 am - 8:30 am)

St. Thomas More School - Weis Center
8635 Calumet Ave., Munster

Friday, September 24 (6:30 am - 8:30 am)

Andrean High School - Cafeteria
5959 Broadway, Merrillville

Tuesday, September 28 (6:30 am - 8:30 am)

St. Patrick School - Library Bldg #4
640 N. Calumet Rd., Chesterton

Wednesday, September 29 (6:30 am - 8:30 am)

St. Paul School - Conf. Room
1755 W. Harrison Blvd., Valparaiso

Thursday, September 30 (6:30 am - 8:30 am)

St. Stanislaus Kostka School - Instructional Room
1506 Washington St., Michigan City

Friday, October 1 (6:30 am - 8:30 am)

St. Michael the Archangel Church - Parish Social Hall
1 W. Wilhelm St., Schererville

Wednesday, October 6 (6:30 am - 8:30 am)

Marquette High School - Library
306 W. Tenth St., Michigan City

Thursday, October 7 (6:30 am - 8:30 am)

Our Lady of Grace School - Room 1
3025 Highway Ave., Highland

Friday, October 8 (8:30 am - 10:30 am)

Our Lady of Consolation - Vamos Hall
8303 Taft St., Merrillville



Human Resources

219-769-9292

Kelly Venegas

HR Director

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Extension 224

Rachel Green

Benefits Coordinator

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Extension 277

**Contact Human Resources
with any questions.**



YOU ARE INVITED!

**Employee
Wellness
Event**

**September 20 -
October 8**

Sponsored by the Diocese of Gary

Two ways to schedule your appointment:

- 1) (219) 322-7041 or (800) 915-4583
(Monday - Friday 8 am - 3 pm)
- 2) Online at: healthchek.net
Click on Appointment Calendar and enter password: **LABS**



IMPORTANT NOTES

- Fast 10 - 12 hours prior to your testing time. No coffee. Water permitted. (Those with difficult/small veins are advised to drink extra water before your test.)
- You may take any prescription or over the counter medications. (If you are diabetic or hypoglycemic, consult your physician before fasting.)
- Check, credit card or cash (exact only) payment for services.

Checks made out to:
Healthchek

- Results may be faxed to your doctor. Bring your doctor's name and fax number.

All lab results are confidential!

SCREENING PROFILES

HEALTHCHEK PROFILE 1 - \$40*

Comprehensive Metabolic Panel

Measures blood levels of glucose, urea nitrogen (BUN), creatine, BUN/creatinine ratio, GFR, sodium, potassium, chloride, carbon dioxide, calcium, total protein, albumin, globulin, albumin/globulin ratio, total bilirubin, alkaline phosphatase, AST and ALT.

Lipid Panel

Measures blood levels of HDL and LDL cholesterol, total cholesterol, cholesterol/HDL ratio, and triglycerides.

Complete Blood Count

Measures blood levels of white and red blood cell count, hemoglobin, hematocrit, MCV, MCH, MCHC, RDW, and platelet count.

HEALTHCHEK PROFILE 2 - \$80
Everything in Healthchek Profile 1 PLUS

- ◆ Iron Total
- ◆ Uric Acid
- ◆ TSH (Thyroid Stimulating Hormone)
- ◆ Magnesium
- ◆ GGT (Liver Function)

***NO COST** for Healthchek Profile 1 and **\$40** for Healthchek Profile 2 if you are a current member of the Diocese of Gary Anthem Medical Plan.

ONLY \$40 for Healthchek Profile 1 if you are not a current member of the Diocese of Gary Anthem Medical Plan. This includes your family and friends.

ADDITIONAL SCREENING

A1c Hemoglobin <i>Average blood sugar level 90 days</i>	\$25
Arthritis Profile <i>Includes: ANA, ASO, Rheumatoid Factor, ESR</i>	\$40
Cardio CRP (Creatine Reactive) <i>Determines the relative risk of cardiovascular disease.</i>	\$30
Colon Cancer Test <i>At home stool sample - 3 test slides</i>	\$10
Homocysteine <i>Helps monitor risk for stroke/coronary heart disease</i>	\$30
Iron Total <i>Measures amount of iron in the blood</i>	\$10
Magnesium <i>Determine possible B12 and/or folate deficiency</i>	\$10
PSA (Males Only, Age 40 and over) <i>Early detection of prostate cancer</i>	\$25
TSH (Thyroid Stimulating Hormone) <i>Evaluates thyroid function</i>	\$25
Uric Acid <i>Test for high uric acid possibility resulting in gout</i>	\$10
Urinalysis (Routine) <i>Assessing chemical constituents in urine</i>	\$20
Vitamin B12 <i>Helps monitor an important vitamin for maintaining healthy nerve cells</i>	\$35
Vitamin D <i>Measures the 25 Vitamin D levels</i>	\$40

Vaccines Provided by Jewel Osco Pharmacy

Flu

Both Pneumonia Vaccines

Tetanus/ Pertussis

Shingles

NEW OFFERING THIS YEAR
***COVID* Vaccine**

Please bring insurance cards for vaccinations